

## LAKE STEVENS FIRE

Our Mission:

*Serving People*

*Saving Life*

*Protecting Property*

Our Vision:

To be recognized as community role models and as a teaching institution which develops fire service leaders dedicated to excellence while creating a safer community in a cost effective and efficient manner.

*Be safe during  
the holiday season!*



1825 S. Lake Stevens Road  
Lake Stevens, WA 98258

Phone: 425.334.3034  
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[www.lsfire.org](http://www.lsfire.org)



*It is our privilege  
to serve you!*

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Commissioners

Troy Elmore • Paul Gagnon • Jim Steinruck  
Fire Chief Kevin K. O'Brien



*Lake Stevens Fire*  
**Holiday Safety Tips**

*Touching Lives Today ~  
Planning for Tomorrow*

## First Aid Tips

### Treat Minor Burns

Put the burn in cool, running water for 15-30 minutes (until the heat is out), then treat it with a skin care product like aloe vera cream or an antibiotic ointment. To protect the burned area, you can put a dry gauze bandage over the burn. Take over-the-counter pain reliever to relieve the pain.



### Stop Minor Bleeding

Apply sterile gauze or clean fabric to the wound. Apply direct pressure to the wound for 15 minutes. Place additional gauze/fabric on top of blood-soaked bandages and continue to apply pressure until blood no longer soaks through. Do not remove bandages until bleeding has been controlled as this can disrupt the clotting process.

### Stabilize Fractured or Broken Bones

Emergency room visits pertaining to fractured or broken bones related to falls increase around the holidays. Arms and legs can be stabilized by wrapping a pillow or magazine around the limb. This will immobilize the area until medical attention is sought.

#### REMEMBER:

In case of an emergency

CALL 911!

## Cook Safely

When you fire up the oven to roast your holiday turkey or ham, you're probably not thinking about tragedy. However, home fires are the most common disaster in the United States according to the US Fire Administration, and one is reported every 85 seconds. Cooking is the leading cause of home fires. Thanksgiving Day is the unfortunate host of about 4,000 fires each year. Here are a few tips to keep your holiday season fire-free:



- Keep a three foot area around the stove that is child and pet free.
- If a fire starts in a pot or pan, use the lid to extinguish flames; otherwise use a fire extinguisher. Turn the stove off. Do NOT use water as it can spatter the fire.
- If food in the oven catches fire, turn off the oven and leave the door closed. Do not open the door until completely cooled.
- Don't wear loose sleeves or loose clothing while cooking.
- Keep anything that can catch fire such as pot holders and oven mitts away from your stovetop or oven.
- Turkey fryers are extremely dangerous and most safety organizations do not recommend their use. Be very cautious if you choose to use one.



## Decorate Safely

### Candles

During December, more candle fires start in living rooms, dens, dining rooms and kitchens than during the other 11 months. Remember:



- Keep candles away from all holiday decorations.
- Place burning candles where they can't be brushed against.
- Make sure candles are in sturdy holders that catch dripping wax.
- Trim candle wicks to 1/4" after every burn.

### Christmas Trees & Decorations



Make sure all decorative lights are in good shape. Frayed wires can start a fire.

Always turn off decorative lights when you go to bed to prevent over-heating. Trees and other objects often catch fire from lights that have overheated.

Keep holiday decorations away from sources of heat as they tend to be very flammable.

Purchase lights and electrical decorations bearing the name of an independent testing lab and follow the manufacturer's instructions for installation/maintenance.